

Are you aware?

Sexual assault is a violent crime affecting all ages, races, cultures and economic classes.

Only 16% of rapes are ever reported to the police.

Every 98 seconds an American is sexually assaulted and every eight minutes that victim is a child.*

1 out of every 6 American women has been the victim of an attempted or completed rape.*

About 3% of American men have experienced an attempted or completed rape.*

93% of juvenile sexual assault victims know their attackers.*

15% of sexual assault and rape victims are under age 12.*

Victims of sexual assault are:

- 6 times more likely to suffer from post-traumatic stress disorder.*
- 13 times more likely to abuse alcohol.*
- 26 times more likely to abuse drugs.*

Almost 40% of American children were direct victims of two or more violent acts.

28% of U.S. students in grades 6-12 experience bullying at school.

Trauma survivors need help to cope with the physical, emotional, social and legal crises arising from an assault.

**Citations are available in our office*

Ways to help

There are many ways to help survivors in their healing process including: joining our board of directors, becoming a volunteer advocate or making a donation.

Project Sister Family Services Serves the Following Cities and Communities:



Mailing Address:

PO Box 1369, Pomona, California 91769-1369

Business Office: 909.623.1619 / 626.915.2535

Fax Number: 909.622.8389

24-Hour Hotlines:

Rape-Crisis Hotline: 909.626.4357

Child Abuse Hotline: 626.966.4155

www.projectsister.org



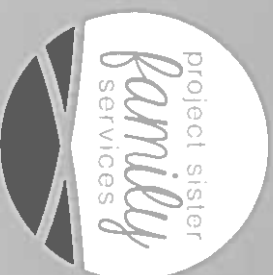
Our mission

To reduce the trauma and risk of sexual assault and child abuse.

Funded by a grant from the California Office of Emergency Services



understand
support
educate
prevent
empower



Our history

In the early 1970s, in response to a series of violent assaults on local college campuses, a small group of women created a 24-hour rape crisis hotline in their Claremont homes. In 1972, they founded an organization named Project SISTER, an acronym for Sisters In Service To End Rape. Now known as Project Sister Family Services, the agency provides sexual assault crisis intervention and outreach services to 24 cities and 8 unincorporated areas in a region of approximately 2.4 million people located in eastern Los Angeles and western San Bernardino Counties. Since 2015, Project Sister Family Services also offers specific services to child victims of abuse (physical, emotional, neglect and sexual) who have been impacted by domestic violence, sex trafficking, stalking, school bullying, and other violent crimes.

Outreach services

Outreach programs are designed to educate the community about the nature of sexual assault and child abuse. We dispel common myths related to sexual assault and child abuse and discuss realities such as self-protection and reporting, all in an effort to help individuals reduce their risk of falling victim to predators. The following services are available and can be scheduled by calling our office and asking for the Outreach Services Department.

- Community Outreach
- Young Child Outreach
- Teen/Young Adult Outreach

- Child Abuse Outreach
- Parent Outreach
- Senior Citizen Outreach

Awareness, Self-Defense & Protection

People who are aware of their surroundings and act assertively are less likely to become victims of crime. Our awareness and self-defense programs are designed to teach participants how to recognize, avoid and protect themselves from assaults.

Who can receive our services?

Our services are offered to victims of sexual assault, child abuse, dating violence, commercial sexual exploitation, human trafficking, stalking and bullying at school. Non-offending family members may be eligible for some services.

Crisis intervention services

24-hour HOTLINES

Callers receive immediate, confidential assistance from specially trained volunteer advocates by calling our rape crisis hotline (909) 626-4357 or our child abuse hotline (626) 966-4155. Information and community resources are provided.

Accompaniment Program

Volunteer Advocates are available to provide support and follow-up services to sexual assault or abuse survivors at the hospital, police station, district attorney's office, court and academic institutions.

Counseling services

Therapists provide counseling to sexual assault survivors of all ages. Additionally, counseling is available to children under age 18 encountering domestic violence, school bullying and other violent crimes. Counseling sessions are available Monday-Saturday by appointment. Support groups are also available.

Walk-In Crisis Services

For face-to-face, crisis intervention with a sexual assault counselor without an appointment. Please call our office for more information and walk-in hours.

Individual Therapy

In individual therapy, you will have a safe, confidential and private space where you will be heard and understood.

Support Groups

The support of peers can play an important role in the healing process. We offer specialized support groups for adults and adolescents.

All Crisis Intervention and Outreach Services are offered free of charge and delivered in both English and Spanish.

