

crisis intervention services

Crisis services are offered to women, men and children of all ages who have been sexually assaulted and to their non-offending family members.

24-hour HOTLINE

Callers receive immediate, confidential assistance from specially trained volunteer advocates by calling (909) 626-4357 or (626) 966-4155.

Information and Referral

Hotline volunteers provide information about reporting an assault and give referrals to other available services in the community.

Accompaniment Program

Volunteer Advocates are available to provide support and follow-up services to sexual assault or abuse survivors at the hospital, police station, and court appearances.

Counseling Services

Therapists provide professional counseling to survivors and their non-offending family members at any point after a sexual assault or child abuse event. Many of our counseling clients are coping with sexual assault or abuse that occurred in childhood, but went untreated. The first 10 counseling sessions are free and fees for subsequent sessions are determined on a generous sliding scale based on income and household size.

Support Group

The support of peers can play an important role in the healing process, so specialized support groups for adults and adolescents are offered. Groups are also available for non-offending family members of sexual assault and abuse survivors.

Project Sister Family Services Serves the Following Cities and Communities:

Azusa	Glendora	Mt. Baldy	Etiwanda	
Inyandate	Charter Oak		Rancho Cucamonga	
	San Dimas		Alta Loma	
Baldwin Park	La Verne		San Antonio Heights	
West Covina	Claremont		Montclair	Upland
	Covina	Pomona	Guasti	
Walnut	Diamond Bar		Ontario	
Los Angeles County				
Valinda				
Bassett			San Bernardino County	
La Puente	Industry		Chino	
	Hacienda Heights	Royland Heights		
Whittier			Chino Hills	

Mailing Address:

PO Box 1369
Pomona, California 91769-1369

Business Office:

909.623.1619 / 626.915.2535 / 562.789.6000

Fax Number:

909.622.8389

24 Hour Hotline:

909.626.4357 / 626.966.4155 / 1 800.656.4673

www.projectsister.org

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FAMILY SERVICES

LEADING FAMILIES TO SAFER FUTURES SINCE 1972

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sexual harassment in the workplace

what is sexual harassment?

Sexual harassment is defined as:

“unwelcome verbal, visual, or physical conduct of a sexual nature that is severe or pervasive and affects working conditions or creates a hostile work environment.”

sexual harassment can include:

Verbal or written

Comments about clothing, personal behavior, or a person's body; sexual or sex-based jokes; requesting sexual favors or repeatedly asking a person out; sexual innuendos; telling rumors about a person's personal or sexual life; threatening a person

Physical

Assault; impeding or blocking movement; inappropriate touching of a person or a person's clothing; kissing, hugging, patting, stroking

Nonverbal

Looking up and down a person's body; derogatory gestures or facial expressions of a sexual nature; following a person

Visual

Posters, drawings, pictures, screensavers or emails of a sexual nature

sexual harassment is severe or pervasive when:

A very serious single incident, such as rape would likely qualify as sexual harassment because, although it may not be on-going, it certainly is severe. However, for less serious incidents, such as sexually suggestive comments, the behavior would likely have to be repeated many times, occur over a long period of time or happen to other people to be considered harassment.

hostile work environment

When harassing behavior makes you uncomfortable at work and interferes with your job performance or you avoid opportunities in order to avoid your harasser, your workplace may have become an “intimidating, hostile or offensive work environment”. If you are fired, demoted, given a poor performance evaluation, or given a less desirable position because you rejected someone's sexual advances this is likely sexual harassment.

sexual harassment is against the law

There are both federal and state laws against sexual harassment. These laws protect you and require that your employer prevent or stop sexual harassment. It is also illegal for someone to retaliate against you for reporting sexual harassment.

stopping sexual harassment

Every situation is different and therefore, you should choose the action that is in your best interests. It is always your option to report the harassment to your supervisor, to your human resources department or to another department or person who has the power to stop the harassment. It is best to make the complaint in writing and to maintain a copy of the complaint for your records. You may also want to contact national or state agencies to report the harassment. Project Sister Family Services can help you as well. Our 24-hour hotline, (909) 626-4357 or (626) 966-4155, can assist you in providing referrals for legal assistance and other resources. We also have counseling available to help you recover from the painful experience of sexual harassment.

resources

U.S. Equal Employment Opportunity Commission (EEOC)

800.669.4000
www.eeoc.gov

U.S. Department of Education Office of Civil Rights (OCR)

800.421.3481
www.ed.gov/offices/OCR

California Department of Fair Employment and Housing (DFEH)

800.884.1684
www.dfeh.ca.gov